



**Growing &  
Learning Academy**

Let's get ready for new adventures!

## MENU (week 1)

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	French Toast and Applesauce  1% Milk	Oatmeal Cereal And Fresh Fruits 1% Milk	Pancakes, and applesauce  1% Milk	waffles and applesauce  1% Milk	Cereal and Fresh Fruits  1% Milk
<b>Snack</b>	Granola Bars and apple Juice	Cheddar Crackers and apple Juice	Goldfish crackers and apple juice	Organic string Cheese and apple Juice	Organic Graham crackers, String cheese and apple juice



\*All menu items are subject to change according to availability



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## MENU (Week 2)

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	Blueberry Muffin and Fresh fruits  1% Milk	Bagels with Smucker's jelly and And fruits  1% Milk	Cereal, String Cheese and applesauce  1% Milk	Pancakes, and Fresh Fruits  1% Milk	Cereal and Fresh Fruits  1% Milk
<b>Snack</b>	Granola Bars and apple Juice	Organic Cheddar Crackers and apple Juice	Organic Goldfish and apple juice	Organic string Cheese and apple Juice	Organic Graham crackers, and Apple juice




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## MENU – WEEK 3

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	Bagels with Smucker's jelly  1% Milk	Oatmeal Cereal And Fresh Fruits  1% Milk	Pancakes, String Cheese and applesauce  1% Milk	Blueberry Muffin and Fresh fruits  1% Milk	Cereal and Fresh Fruits  1% Milk
<b>Snack</b> 	Granola Bars and orange Juice	Organic Cheddar Crackers and apple Juice	Organic Goldfish and Raisins and orange juice	Organic string Cheese and apple Juice	Organic Graham crackers, String cheese and Orange juice

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## MENU (Week 4)

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	Cereal and Fresh fruits  1% Milk	Pancakes, String Cheese and applesauce  1% Milk	Reduced Sugar Trix and crackers  1% Milk	Cinnamon Toast Crunch Cereal bar & Cheddar GoldFish Crackers 1% Milk	Cereal and Fresh Fruits  1% Milk
<b>Snack</b>	Granola Bars and orange Juice  	Organic Cheddar Crackers and apple Juice	Organic Goldfish and Raisins and orange juice	Organic string Cheese and apple Juice	Organic Graham crackers, String cheese and Apple juice

\*All menu items are subject to change according to availability